

Office of the Principal, Govt PG College Malpura (Tonk)

Email : [principal.gcmalpura@gmail.com](mailto:principal.gcmalpura@gmail.com)

Phone No. 01437-226031

S.No. 3363

Date  
20/09/2022

To

The Joint Director (RUSA)  
State level Quality Assurance cell (SLQAC)  
Jaipur

Sub :- Regarding Best Practices of college and mentors system

Respected Sir,

As per your letter no. f.30(36)SPD/RUSA/NAAC/2018/330 dated : 16 Sep.  
2022 we have completed the following task

1. Best Practices of college with photos as per NAAC format
2. Appointment of permanent teachers as mentors for students

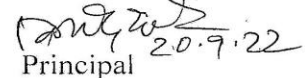
Please acknowledge the same

Thanking you.

Enclosed :- As above

1. Best Practices
2. Mentors

Your faithfully

  
Principal

Govt. College Malpura (Tonk)

# Government College Malpura (Tonk)

## Best Practice - 1

Title of the practice:

Empowering students, especially girls through college activities and Social Commitment community outreach

Objective of the practice:

- The Students coming to the institution are mostly from rural and backward area and have no clear vision for the future prospects The vision of the college is that each student shall be a torch bearer for the society carrying the message of social change. The vision is to train the students in such a manner so as to make them self reliant, develop leadership skills, empathy and serve the Society, Nation and Humanity.
- This practice aims to foster the spirit of social service in our students so that they learn to recognize it as a larger conditioning framework of their education.
- We aim to generate awareness amongst students towards existing social disparities in income, education, health and nutrition; and to instill compassion and empathy in the minds of youth towards the needs of the underprivileged sections of the society.

## The context:

- An educated and empowered student further educates and empowers the whole family, society, the country and the world. Education gives us knowledge of the world around us. It develops in us a perspective of looking at life. It is the most important element in the evolution of the nation. Without education, one will not explore new ideas. It means one will not be able to develop the world because without ideas there is no creativity and without creativity, there is no development of the nation.
- The world has parallels in that on one hand women are leading big corporate companies, Governments, social and political movements, running offices, writing books, etc., whereas, on the other hand women have to face various kinds of gender based discrimination such as lesser opportunities, atrocities, physical and mental harassment, early marriage and early maternity, social stigmas attached to infertility, failed marriage, etc.
- Social inequities and lack of opportunities characterize the lives of people from low socio-economic background, be it the lack of sustainable livelihood or educational opportunities, or be it the low access to healthcare and hygiene. Education, however, is the only leveler of such disparities. Education system in India can bridge these gaps by creating awareness among the youth of the nation.

## The Practice:

The College has taken up following programs for empowering students:

- Regular dialogue with the students during orientation sessions and various programs in the college in addition to classroom interactions.
- Focus on social and moral values through seminars.
- Conducting Yoga and physical fitness sessions.
- Start of skill/job oriented certificate courses to make them self dependent.
- The college has started plantation of fruit bearing trees, medicinal plants for sensitizing the students on modern approach to farming involving export of agro products, herbal farming, bio-compost pit making, horticulture, etc. College catering the needs of rural students academics as well as carrier orientation.
- Helping them to acquire global competencies by developing English language skills.
- Developing social responsibilities by involving them in programmes such as blood donation, plantation, cleanliness drive, health awareness rally
- Organizing programmes on schemes of government.
- Health check up camp in college.
- Making the students communicative by encouraging their participation in college

programmes and involving them in decision making by making them a part of college committees.

- Organising career awareness seminars Impact of the Practices : The college emphasis on upgrading the knowledge best practices of college is to facilitate teachers in their role as educators and mentors to inculcate professional skills. There is an increased awareness among students for becoming financially self dependent. Students put forth their views in college committee meetings and participate in the decision making process A social consciousness about the progress of community.
- Meer Colony is a jJJ Colony derivative of "jhuggi-jhopri", a colloquial name for unauthorised slums) located in the vicinity of the college. The college organises literacy and health and hygiene awareness campaign in this area. The NSS organised a programme Pehal: Ek Prayaas; as part of this programme, children from Meer Colony visited the college for a month-long literacy programme. In this programme, the student volunteers taught these children under the supervision of the faculty members in two shifts - morning and afternoon.
- Awareness programmes against alcoholism and drug abuse: Alcoholism and drug- addiction is one of the major problems in Meer Colony. Not only do the men waste a major part of their family income on alcohol and drugs, they also indulge in fights with family and neighbours, under the influence of these substances. One of the major problems

reported by the women of Meer Colony area is domestic violence. Student volunteers perform plays and organise rallies to highlight the evils of substance abuse through interaction with the people from Meer Colony

- Our aim is to support the society by helping the poor people with cloths, utensils, home appliances, books etc. The main focus of the college is to empower our students so that they become a responsible citizen of India enriched with self confidence, patriotism and humanity.
- A number of students are spreading awareness about health and fitness in their families and society. There is greater enthusiasm and zeal for their personal development as well as social causes.

### Avidence of Success

- Sensitisation of students and awareness of social responsibility: Various practices adopted by the college have been extremely successful in the intensity and reach of its vision and action. The college has not only been able to sensitize its volunteers and other students about the need and nature of social work but has been successful in reaching out to the residents of Meer Colony, JJ Colony in the vicinity of the college.
- Empathy in students: In general, students have become observant of the requirements of homeless people sleeping under flyovers,

in Raen Basera, and on the roadsides. Looking at their poor living conditions, students and the staff expressed compassion and empathy by initiating food and clothes distribution drives. Sanitary pads and other daily use items were collected in the college and later on distributed to these needy people.

- Steps toward women empowerment: The NSS and the WDC, through its path-breaking work of training underprivileged women and making them self-reliant, have created a sustainable entrepreneurship model among the women. This in itself is an inspiration to the students while favourably influencing socioeconomic conditions at the grassroots level. By teaching Bandhani dupatta making and sanitary-pad making to underprivileged women, students have helped them achieve livelihood. Malpura College has made continuous efforts to make a little difference in the lives of underprivileged people, and by far the college has accomplished these goals in small measures.

### Obstacles faced and resources:

- The students come to the college from remote rural area and are unable to devote much time after the classes for career and life skill trainings. There is time and money constraint for organizing training and workshop for students on career awareness, skill courses, training for competitive

examinations, self defense and physical fitness, etc.

- Resistance by the slum inhabitants towards change: The mindset of the inhabitants of the local slum had to be gradually changed by the NSS volunteers and faculty advisers. The volunteers could eventually convince them of their well meaning intentions through their sustained efforts at social amelioration.
- Challenges of convincing people about the importance of education: Illiteracy and poverty are interrelated and deeprooted problems of our society. For a poor person, food is more important than education. Convincing people to send their children to school instead of sending them to work is very difficult. Consistent, continuous efforts are required to

## Best Practices - 2

### Title of the Practice:

#### Promotion of Environmental Consciousness

The objective of the practice is to create a better learning atmosphere which makes the environment carbon neutral and helps to maintain a healthy atmosphere in and around the college. It fosters a sense of connection to the natural world, promotes sustainable development and encourages conservation of irreplaceable natural resources and vulnerable plans Environment sustainability is of utmost importance in the



light of increasing environmental degradation; and the same can be accomplished with the implementation of eco-friendly facilities and practices. The objectives of promoting environment sustainability are

- An effort has been made to institutionalize the practice of "Swachh Bharat Abhiyan" at college level. Regular cleanliness drive is undertaken by different departments involving their students on rotational basis.
- The objective of this practice is to keep the college campus clean and also to inculcate the habit of cleanliness and a sense of dignity of labour among students.
- To nurture generations of students who are sensitive to environmental concerns. The need of the present times is to educate the youth and the public about sustainability. The efforts of each of us can bring about significant positive changes in the pollution levels and ensure healthier lives for all of us.
- To maintain a waste-free, pollution-free, healthy, and eco friendly green campus

### Context of the practice:

Government college Malpura has about 1500 students on its rolls. The college campus with its open area is relatively small place for this big and vivacious crowd of students. Therefore, it is always a challenge to keep the college campus clean. This necessitates the practice of Swachh Bharat Abhiyan at college level. The

tradition also involves spreading grains for the Avians and other beings. As per the Ecological concept, the dense trees would support pollinating and seed spreading agents which would further contribute to increase in the number of trees and plants far and wide. The more the trees increase in number, there will be more humus, moisture content and living organisms in soil, thus leading to more productivity of the soil. The College is conscious about undertaking plantation work and maintaining cleanliness in and around the campus and hence has a good effect on the environment of the college.

Plantation and afforestation is the need of the hour for maintaining a healthy and pollution free environment. Plantation practice is one of the most important and healthy practices that the college performs at regular intervals and so the college campus is lush fully green. The plantation area of the College is spread over 6 gardens with diverse plant species and colorful seasonal flowers. The green plant species of the campus is identified and documented by the Department of Botany. The flora includes approximately 150 species. To make the campus ecofriendly, various initiatives have been undertaken by the College. The College arranges special programs for generating awareness among students. In order to sustain the clean and green environment of the college, balance between utilization and transformation/disposal of wastes has to be maintained. Routine generation of piles of used-paper presents challenges as well as possibilities. Waste papers can thus be recycled

into new ones for multiple uses. Large quantity of green waste is generated in the college premises, which is effectively composted as manure.

### The Practice:

- Cleanliness drive is undertaken on every Saturday by students and teachers. Each department has been assigned a particular Saturday i.e. first Saturday of the month for Arts Departments second Saturday for Science Departments, third and fourth Saturday for NSS, Rover Rangers A plan was made for phase wise development of green cover which involves Planting dense trees such as Banyan, Peepal, Ashok, Neem, etc. which would provide green cover.
- Flowering plants for attracting butterflies A conscious effort was made to involve the students in taking care of the plants and trees. It took many efforts to make the plants survive.Greenery and the anti-pollution drive in the institution has been initiated in a planned and phase-wise manner: Lush green lawns are maintained in-front of the buildings for the students to relax, study and enjoy their free periods. In addition, plantations are being done regularly, all around the campus. Along with the campus beautification, the institution focuses on environment protection and sustainable development.

Although the institution Malpura College is steadfastly committed towards creating an eco-

friendly and sustainable campus. Instilling the urgency of environmental conservation and environment sustainability is realized through the following practices:

- Several campaigns by Eco-Club and NSS for creating awareness through social media are conducted. Student volunteers interact with the public to generate consciousness among them about the responsible use of natural resources.
- Vermi compost Unit :The vermic ompost unit at Malpura College converts green and food waste to vermicompost, used in the collegegarden.

**Evidence of success:**

Environmental audit is conducted by the faculties of the Department of Botany. To make the campus eco-friendly, efforts undertaken by the College are:

- Heightened awareness among staff and students - We have been able to create awareness amongst staff and students of our college regarding environmental challenges and the need for sustainability. Our students have received appreciation from the public during several campaigns; many people have promised to use the resources wisely and make all efforts to protect and conserve the environment.
- The NSS unit of the College undertakes various activities, like organizing a talk on several aspects, staged a drama on use

and abuse of water, avoid using plastics, etc.

- Campaign for the plastic-free campus at the college premise to create awareness among students, teaching and non-teaching staff.

Problems encountered and resources required:

- The problem arises with regard to irrigating certain areas of the garden in the summer season. The main problem regarding the maintenance of these gardens is limited funds. And adequate supporting staff. As the state government does not allocate funds for this purpose, the college has to maintain this from the nongovernment fund.
- Greater initial cost and investment - Shifting to renewable resources is a costly affair and support and involvement from the government front is prerequisite in terms of financial assistance and subsidy.
- Challenge in motivating people - The public needs to be educated and motivated towards sustainability. Continuous efforts are made to create a general shift in the mindsets of the students and college staff towards generating an environmental consciousness. Lifestyle needs to be modified for sustainable living by judicious use of energy sources. Malpura College has made continuous efforts through rallies, campaigns, competitions and regular posts

on social media to create awareness towards sustainable living.

## Best Practices - 1

Empowering students, especially girls through college activities  
Yoga and exercises





## Helping Needy People





## Awareness from Corona

मालपुरा-टोडा विधानसभा क्षेत्र में 7 साल से नम्बर वन  
21 दिसम्बर 2020, सोमवार (मालपुरा)

MALPURA UPDATE  
**NEWS**

# HEADLINES

**कोरोना से बचाव व रोग प्रतिरोधक क्षमता बढ़ाने की भी जानकारी**

राजकीय महाविद्यालय मालपुरा में सोमवार को विद्यार्थियों ने आनंदम् परियोजना के अंतर्गत महाविद्यालय के आसपास के क्षेत्रों में कोरोना महामारी से बचाव के लिए लोगों को आवश्यक जानकारी दी। इस दौरान नोडल अधिकारी डॉ सुशील कुमार अग्रवाल, डॉ. कल्पना भारद्वाज सहित डॉ आभा माथुर ने प्रथम वर्ष के विद्यार्थियों के साथ नागरिकों को कोरोना महामारी से बचाव के लिए योग आदि से रोग प्रतिरोधक क्षमता बढ़ाने के लिए किया प्रेरित।

जितेन्द्र सिंह नरुका (पत्रकार, मालपुरा 9667603152)

**दी आनंदम् क्लासेज**  
(सुभाष सर्किल, मालपुरा)

REET पटवार पुलिस PRE.BSTC

निदेशक:- आनंद सर → 6378584869/8209006737

मालपुरा अपडेट





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21 Dec 2020 03.10 PM

# कोरोना महामारी के बचाव के लिए लोगों को दी आवश्यक जानकारी

राजकीय महाविद्यालय मालपुरा के विद्यार्थियों ने महाविद्यालय के आसपास क्षेत्रों में बचाव की जानकारी दी। इस दौरान नोडल अधिकारी डॉ सुशील कुमार अग्रवाल डॉ कल्पना भारद्वाज सहित डॉ आभा माथुर ने प्रथम वर्ष के विद्यार्थियों के साथ आनंदम परियोजना के अंतर्गत नागरिकों द्वारा कोरोना महामारी के बचाव के लिए योग आदि से रोग प्रतिरोधक क्षमता बढ़ाने के लिए प्रेरित किया



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## Oath for nashamukti by students





राजकीय महाविद्यालय मालपुरा के विद्यार्थियों ने अजमेर रोड व जेल रोड पर मास्क व सेनेटाइजर वितरित किए ।

## Women empowerment





## Girls safety Programme "Aawaj Do"





## Medical Care Providing Sanitary Napkins





**Blood Donation Camp**  
Collaboration with Government Hospital and Nagarpalika









## Best Practices - 2 Clean and Green Campus







पांच वर्षों से मालपुरा-टोडा विधानसभा में नम्बर वन  
05 मार्च 2022, शनिवार (मालपुरा)

MALPURA UPDATE  
**NEWS**

# HEADLINES

**मालपुरा**

**पॉलीथीन मुक्त परिसर हेतु किया जागरुक**

आयुस्कालय कॉलेज शिक्षा जयपुर के निर्देशानुसार राजकीय महाविद्यालय में शनिवार को पॉलीथीन, डिस्पोज ग्लास, कप इत्यादि से मुक्त परिसर करने हेतु एन.एस.एस. के स्वसंसेवकों को जागरुकता अभियान शुरू करवाया गया। एवं महाविद्यालय स्तर पर टास्क फोर्स का गठन किया गया। एन.एस.एस. प्रभाती डॉ.कल्पना भारद्वाज ने स्वसंसेवकों को पॉलीथीन आदि के दुष्प्रभावों से अवगत कराया और संदेश दिया कि हमें अपने आसपास भी पॉलीथीन मुक्त वातावरण बनाना है एवं पेपर बैग, मिट्टी कुल्हड़ों के प्रयोग के लिए जन मानस को प्रेरित करना है।

**जितेन्द्र सिंह नरुका (पत्रकार 9667602152)**

**श्री छाती बालाजी पौड्वरन**

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## Plantation

**INN** **BREAKING NEWS** **eNEWS**  
Aug 14 2021 03:38 AM



**महाविद्यालय परिसर में किया वृक्षा रोपण**

राजकीय महाविद्यालय मालपुरा में आज राष्ट्रीय सेवा योजना एवं महाविद्यालय सौंदर्यीकरण समिति के संयुक्तत्वधान में महाविद्यालय प्राचार्य डॉ. विनोद कुमार शर्मा एवं स्टाफ द्वारा 44 छायादार व फलदार पौधे लगाए गए हैं।



